

# HUMAN RIGHTS ARE NOT OPTIONAL UPHOLDING DIGNITY IN THE WORKPLACE

South Africa's workplace is a crucial battleground for advancing human rights, as it is a moral imperative and legal obligation.

Every individual, regardless of race, gender, ethnicity, religion, or other characteristic, is entitled to fundamental rights and freedoms, including dignity, equality, fair treatment, and freedom from discrimination and harassment.

In South Africa, where the scars of apartheid still linger and socio-economic disparities persist, safeguarding human rights in the workplace is heightened significance.



One of the fundamental tenets of human rights in the workplace is the principle of non-discrimination, which requires employers to create an environment where all employees are treated equally.

Human rights extend beyond this and should include safe working conditions, fair wages, reasonable working hours, and the freedom to associate and express oneself freely.

Achieving equality requires legal and policy changes, societal shifts in attitudes and behaviours, and collective action to create a future where everyone can live with dignity and thrive.

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PRETORIA'S CENTRE FOR  
HUMAN RIGHTS IS AN  
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RIGHTS THROUGH  
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GUY CHATS TO SOS  
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